

PAKISTAN



**HEALTH
PROGRAMME**

Background

At the core of Alight's vision for social change is building healthy, self-sufficient communities, families and individuals. Our partnerships are far-ranging, from village health committees to government agencies.

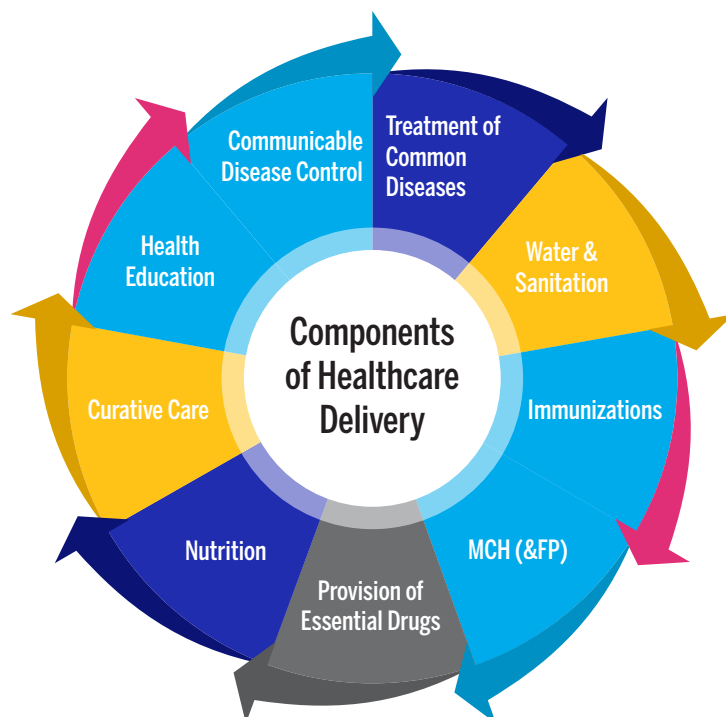
Alight's health programmes improve maternal, newborn and child health, educate communities on proper nutrition and combat infectious diseases. Alight views public health as the foundation for long-term global development.

Without reliable access to and understanding of proper nutrition, clean water, sanitation and health services, it is impossible for people to move beyond the urgency of meeting their most basic needs.

To achieve SDG 3, 'Good Health and Well Being,' Alight's health programme strategy is and has been committed to providing healthcare facilities to marginalised communities.

Drawing on its global and technical expertise, Alight's approach increases access to comprehensive, integrated, high-quality healthcare services and nutrition programs in Pakistan.

Alight's work in partnership with local health systems strengthens existing service structures through provision of infrastructure rehabilitation and staff capacity building.



Family Planning & Reproductive Health

Alight's view reproductive healthcare as a necessity and a right it takes & a community-based and participatory approach to all of our health programmes and utilises rights-based knowledge as a foundation for supporting programmes. Its approach ensures the high quality and sustainability of our reproductive health programme.

Maternal, Newborn & Child Health

The Maternal Newborn & Child Health Programme is at the core of Alight's health programme in Pakistan. It follows the Household-to-Hospital Continuum of Care Approach to provide an integrated response to improve MNCH services. The interventions focus on rehabilitating primary healthcare facilities and capacity building of staff to increase women and children's access to quality healthcare.

Healthcare Skills Development Program

Alight has facilitated over 88,000 Afghan refugees through rehabilitation of basic health units in Saranan, Surkhhab and Muhammad Khel refugee camps. It has also trained Community Health Workers (CHWs) and Traditional Birth Attendants (TBAs) in providing skilled services in Gender Based Violence response, HIV prevention and awareness, family planning methods, Mother and Child Care (MCH), malaria, diarrhea and other common diseases.

Improving Communities' Nutrition

Malnutrition underlies 60 percent of childhood illnesses and deaths

around the world. Alight uses a variety of approaches to address chronic and acute malnutrition.

It has partner with communities to build on local best practices, improve nutrition, and save lives. Through its work, Alight has helped thousands of malnourished children in Pakistan and prevented malnutrition by teaching families about the importance of breastfeeding, balanced diets and securing safe drinking water and access to handwashing facilities.

Polio Eradication

Pakistan is one of the last countries in the world still battling the life-threatening and disabling polio disease. With our intervention from 2002 in the refugee villages of Pishin, the communities of over 0.1 million people have remained polio-free to date, despite identification of the disease in surrounding host communities.

Water and Sanitation

Adequate clean water, reliable sanitation and good hygiene practices form the foundation of human health. Alight engages community members to ensure all around easy and safe access to high-quality water and sanitation systems.

Alight also teaches optimal hygiene practices to prevent malaria, diarrhea and other waterborne illnesses. Alight's use of innovative, sustainable, and community-owned approaches addresses the most pressing health issues in the communities we work in.

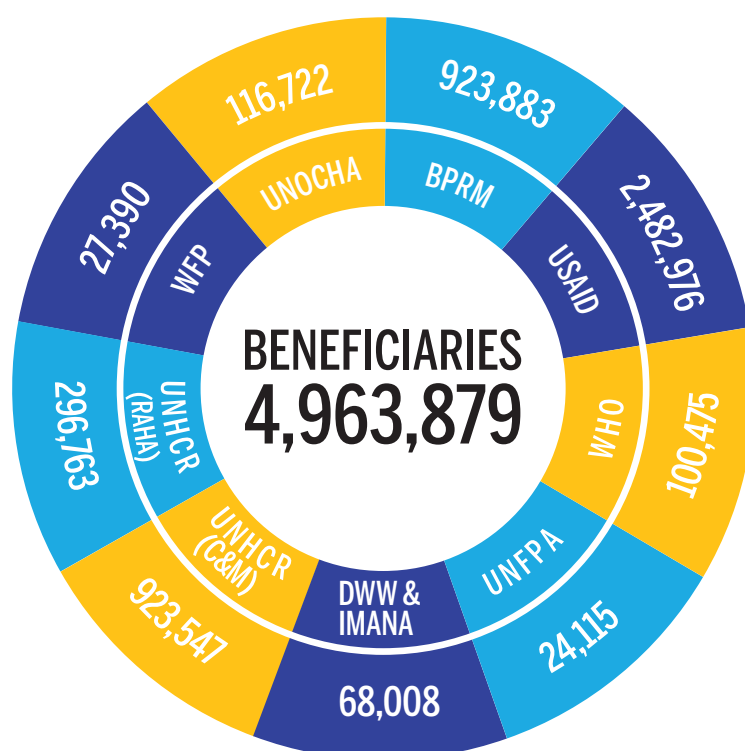
Health Facilities Rehabilitated

District	Health Facilities Rehabilitated and Provided with Equipment and Furniture	
Quetta	4	Pashtoon Bagh, Kachi Baig, Sumangli, Mohammad Khail, Panjpai
Pishin	2	Saranan, Surkhab
Sibbi	8	BHU Bakthiarabad, Mal Gorgage, Sultankot, Gishkori Khajjak, Kurak, and RHC Tali
Naseerabad	2	RHC Mirwah and BHU Fateh Muhammad in District Naseerabad
Jaffarabad	3	RHC Rojhan Jamali and BHU Cattle Farm, BHU Noorpur in District Jaffarabad
Swat	8	BHU Bara Samai, BHU Koza Samai, BHU Taghma, BHU Bishband, CD Ghaligay, CD Telegram, CH Barikot MCH Center District Swat, KPK
Jacobabad	3	BHU Mubarakpur, BHU Bahadurpur, BHU Sohno Khan Rind
Bagh, AJK	8	BHU Choki, BHU Baniminasan, BHU Ratnoi, BHU Saripeeran, BHU Thub, BHU Mallot, BHU Neelabut, RHC Dhirkot
Total	38	

Capacity Building

Over 3,000 staff members including doctors, Community Health Workers (CHWs) and Traditional Birth Attendants (TBAs) imparted training in various courses as per their needs through 2002- 2017 all over Pakistan

Beneficiaries



Year	Beneficiaries
2002	153,974
2003	158,566
2004	173,074
2005	203,050
2006	777,812
2007	831,473

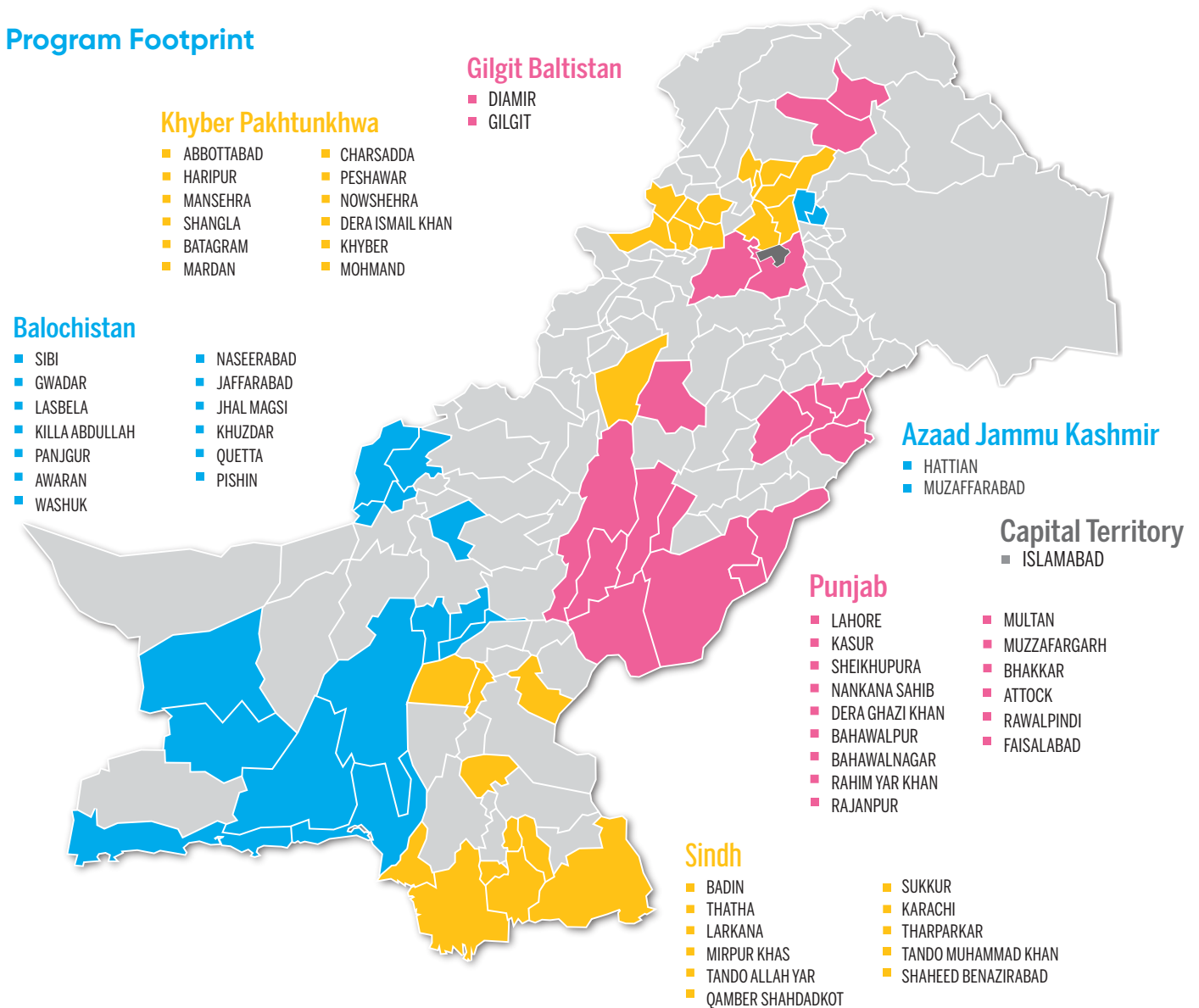
Year	Beneficiaries
2008	746,729
2009	727,582
2010	326,726
2011	298,459
2012	193,942
2013	80,026

Year	Beneficiaries
2014	107,732
2015	89,120
2016	27,498
2017	108
18-24	68,008

Coverage

Province	Districts
Balochistan	Quetta, Pishin, Naseerabad, Jaffarabad, Sibi
Sindh	Mirpurkhas, Jacobabad
KPK	Swat, Bannu, Swabi
AJK	Bagh

Program Footprint



Partners



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